

Mind + Body



The last five weeks of the school-year are focused on positive self-perception and wellness, with Mind + Body. Through these activities, girls learn about healthy eating habits, how to manage kinds of stress, ways to cope with stress, and other invaluable tools they need to contribute to being healthy and happy. In addition to learning about these things, girls will be doing practical activities and projects focused relieving stress and engaging with family and friends about overall healthy living.

Exploration: Rebuilding Exchange



On April 5th, Girls Inc. of Chicago hosted a cross-school site field trip to the Rebuilding Exchange. Girls from Ariel, Ruggles, and Clay Elementary Schools participated in a woodshop class, aimed at introducing them to the basics of using hand tools safely and effectively. Led by a strong, smart and bold female Wood Worker, girls used power drills, and other hand tools to build benches and book crates.

Spring Break: Girls Go Green!



Girls Inc. of Chicago hosted a 3-Day Spring Break Camp experience that focused on environmental sustainability and understanding various ecosystems. Girls engaged in morning sessions where they learned about food chains, pollution, plants, and animals. Each day included an afternoon field trip, which depend their learning. Girls visited the Lincoln Park Zoo, Garfield Conservatory, and engaged in a park beautification project with Jackson Park Wooded Island.

GIRLS OF THE MONTH

Clockwise from Top Left:

Samara Brandon (Ruggles) is an 8th grader who enjoys practicing self-care in the form of sleeping. What she enjoys most about Girls Inc. is being able to have girl-lead discussions and engage in hands on activities.

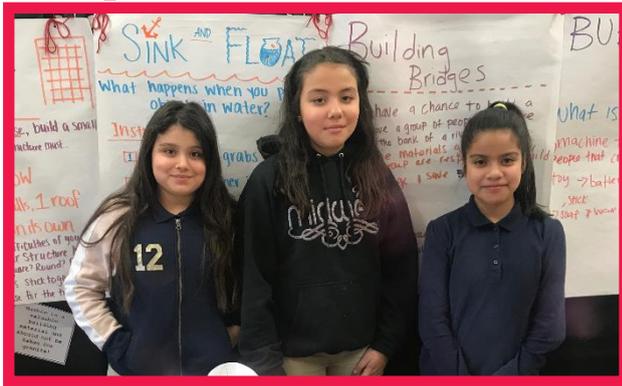
Azriel Jones (Ruggles) is a 2nd grader who enjoys spending time with her friends. She loves engaging in fun activities at Girls Inc. and doing only what is safe!

Skye Robinson (Libby) is a 1st grader who enjoys math and playing outdoor games with her friends. She enjoys playing games and drawing pictures with her friends at Girls Inc.

Sydney Robinson (Libby) is a 2nd grader who loves science because she gets to mix and create things. Sydney enjoys coming to Girls Inc. so she can hang out with staff and her friends.



Operation SMART



For the 2nd half of the school-year, girls developed their enthusiasm for and skills in science, technology, engineering, and mathematics (STEM), by engaging in the Operation SMART 6-week program. Through hands-on activities, girls explored, asked questions, persisted, and solved problems. The activities included introduction to male-dominated STEM fields in architecture, construction, carpentry and engineering. From becoming architects by designing their dream bedrooms to becoming engineers by building bridges with everyday materials, Operation SMART gave girls an inside look on how to be their own bosses with the knowledge they possess and skills they learned.

UPCOMING EVENTS

Mark your calendar for the following dates.

Summer Camp Registration

Deadline: May 23, 2019

Last of During School & Afterschool Year Programs

Friday, May 31, 2019

First Day of Summer Camp

Monday, June 24, 2019

Below is another photo from our woodworking workshop at Rebuilding Exchange.



STAFF HIGHLIGHT

We want to shout-out Brittany Robinson for empowering girls with the resources they need to live their best lives.

Brittany Robinson

Lead Program Facilitator, Ariel Girls Inc. of Chicago



“

I'm inspired by Ms. Brittany. She teaches us to be strong, smart, and bold.

- Alana, 2nd grade

Arshele Stevens

Chief Executive Officer
Girls Inc. of Chicago

Carol J. Sharp

Director of Programs
Girls Inc. of Chicago

Lindsay Bartlett

Manager, Fund Development
Girls Inc. of Chicago

Connect with us on social media to learn more about Girls Inc. of Chicago events, news, and more. Visit our website to take the Girls' Bill of Rights Pledge and sign up to receive our newsletter.

